

EYE 2 Clinician checklist of engagement strategies

- *Please use this checklist to record EYE2 engagement strategies you have used and as a reminder of strategies to try*
- *Please consider using during initial assessment and prior to CPA review with each new EIP service user aged 14-35*

General engagement strategy	Specific intervention aim	With service user	With family	With friend / other
1. Use Open questions Affirmations Reflections Summarising <i>In meetings with this service user to identify goals</i> (Motivational Approaches) **Especially important if there is risk/MHA assessment/admission/CTO	Aim - To identify service users' own Desires – (i.e. current positive goal, not those of team/family)			
	Aim – To identify and encourage service users' own Abilities confidence/skills , to reach their goal			
	Aim – to understand the Reasons why this goal matters to them			
	Aim – to understand why they Need to reach this goal (from their perspective)			
	Aim – to understand and build their Commitment to try to reach their goal			
2. Use goal focused approaches <i>in meetings with this service user</i>	Aim – to encourage service user to <ul style="list-style-type: none"> • Talk about a goal, make plans to reach goal 			
3. Invite a family member to a meeting with service user to support them with goals and choices	Aim – to mobilise the service users' family to help them to identify and reach their goals and make treatment choices			
4. Invite friend/non-family member to a meeting with service user to support with goals/choices	Aim – to mobilise the service users' social network to help them to identify and reach goals and make treatment choices			
5. Use social groups to provide peer support for social inclusion, goals and choices	Aim – to describe EYE-2 social group to this service user			
	Aim – to support service user to attend EYE-2 social group			
6. Use openness and honesty in the context of risk	Aim – to be open and honest with service user (and family) if there is risk, differing opinion or complexity			
7. Use choice oriented approach in relation to treatment	Aim - Use treatment choices booklet or goals discussion to allow service user to choose treatments or goals			

8. Use the EYE2 booklets to shape discussion <i>in a session with this service user and family/friends</i>	Aim – to give Mental Health and Help-seeking booklet to services user in extended assessment/with low insight			
	Aim – to give EIP booklet to service user and use it to describe EIP service			
	Aim – to give Treatment Choices booklet to service user and help them to ‘choose’ a treatment			
	Aim – to give Treatment Choices booklet to family/friend & help them to support service user to ‘choose’ treatments			
	Aim - to give Family & Friends booklet to a family member/friend, and describe how it might be helpful to them			
	Aim – to give the Hospital Booklet to EIP service users who are admitted to hospital/in hospital and discuss content			
9. Use the EYE2 website	Aim – to help service user to use the EYE2 website to post a question on the forum			
	Aim – to help a service user to use the EYE2 website to read stories or find resources or social groups			
	Aim – to help a service user to use the EYE-2 website to watch and discuss videos			
	Aim – to help a family member or friend to use the website, forum or resources			
	Aim – to use the website yourself to find information/resources			
	Aim – to use the website forum or advertise a group yourself			
10. Discuss engagement approaches with this service user in a team meeting	Aim – to obtain support from the team for using engagement approaches			
11. Discuss engagement approaches with this service user in supervision	Aim – to obtain supervisor/manager support for using engagement approaches			
12. Use the EYE 2 manual to review approach	Aim – to get extra ideas to aid engagement			