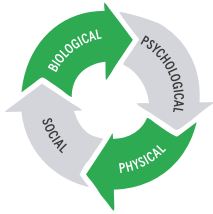


# Amisulpride



There is a lot of money available for research on medications, some of it from pharmaceutical companies and some from independent researchers who are not sponsored by pharmaceutical companies, so there is a lot of research into medications. Remember, more thumbs up just means that more people have done research that shows that this approach does work.

### What is it?

Amisulpride is a medicine that's licensed for over-18s. It's available as a syrup and as tablets. The normal amount you might take is between 400–800mg but the maximum amount is up to 1200mg. Lower amounts of 50–350mg may help improve your motivation, interest and enjoyment of life.

### What does it aim to do?

Amisulpride can reduce unusual and distressing thoughts and experiences (hearing and seeing things or having strong upsetting beliefs), as well as improving motivation, interest and enjoyment.

### What are the side-effects of Amisulpride?

In adults very common side-effects are movement problems (shakiness, muscle stiffness or spasms, rigid, reduced and uncontrolled movements, and restlessness) and having too much saliva.

Less common side-effects (between 1 in 10 and 1 in 100 people) include putting on weight, hormone and metabolism changes, not being able to poo, sleep problems, dry mouth, feeling sick, low blood pressure, anxiety or agitation and neck or eye muscle spasms. These problems are related to the amount of Amisulpride you take, so they are very mild with low doses, and stop if Amisulpride is stopped.

### How can I get this treatment?

Amisulpride can only be prescribed by your GP or mental health team. You can't buy it over the counter!

#### ✓ Main pro

Some studies say Amisulpride is one of the medicines that works best for unusual upsetting experiences.

#### ✗ Main con

The main side-effect is movement problems, which very occasionally become semi-permanent if you keep taking this medicine for a long time (years) after the movement problems have started.





“ Amisulpride has been available for some time and recent comparisons of all studies available have indicated that it appears to work slightly better than many other available antipsychotics.

It is sometimes used in combination with other medicines like clozapine to boost their effect. It is one of the group of medicines that is more likely to affect hormone levels. ”

Dr Richard Whale, Consultant Psychiatrist